

Allergy Information

Last updated: February 2025



Product	Dietary information	1.Celery	2.Milk	3.Egg	4.Fish	5.Gluten a) Wheat b) Rye c) Oats d) Barley	6.Lupine	7.Mollusc	8.Mustard	9.Nuts a) Cashew b) Hazel c) Walnuts d) Pecan e) Almond f) Braziliaannut g) Macadamia	10.Peanuts	11.Sesame	12.Shellfish	13.Soya	14.Sulphites
Something to eat															
Bagel ham&cheese/only cheese	Vegetarian Option Available		X	*		X all above	*			* all above	*	X		X	*
Bagel salmon&cream cheese			X		X	X all above				*almonds		X		X	
Panini ham & cheese		*	X			X wheat	*	*	X	* all above	*	*			*
Panini chicken & cheese			X			X wheat			*					X	
Stoneoven-baked panini with provolone, hummus & salsa verde	Vegetarian		X			X wheat			X			X		*	
Toast ham & cheese/only cheese		X	X			X wheat								X	
Toast mozzarella & pesto	Gluten free, Vegetarian		X	X						*almond, cashew		*			
Samosa vegetable jumbo	Vegan					X wheat									
Spinach feta pastry	Vegetarian	X	X	*		X wheat				* all above	*	*		*	
Pizzasandwich ham & cheese		*	X	*	*	X wheat			*	* cashew				*	
Pizzasandwich mozzarella&pesto	Vegetarian	*	X	*	*	X wheat			*	* cashew				*	
Grill sausage	Sausages w/o bread are gluten free, but there can be traces of wheat/sesame. Chorizo sausage – only chicken meat		*			* wheat						*			
Cheese & bacon sausage			X			* wheat						*			
Chorizo sausage			*			* wheat						*			
Hotdog bun ‘Chicago’						X wheat						X			
Hotdog bun ‘Mer Enn’						X wheat									
Burrito chipotle chicken			X	X		X wheat			X						
Burrito Mexican beans & cheese	Vegetarian		X			X wheat			X						
Mr. Lee chicken	Vegan	X				X wheat								X	
Mr. Lee beef	Vegan					X wheat								X	
Crispy onion						X wheat								X	
Pickle relish		X							X						
Ketchup															
Mustard									X						
Hotdog dressing				X					X						
Chili ketchup									X						
Something sweet															
Svele (buttercream/brown cheese)			X	X		X wheat								X	
Waffle with cardamom			X	X		X wheat									
Applepie	Lactose free		X	X		X wheat	*			X almonds *all above	*			*	
Almond cake	Gluten free		X	X						X almonds *hazel	*			X	
Raspberry cheesecake			X	X		X wheat/oats				* all above	*			X	
Crème Brulee cheesecake			X	X		X wheat/oats				*all above	*			X	
Chocolate muffin			X	X		X wheat				*walnut,almond,hazel,pecan		*		X	
Blueberry muffin			X	X		X wheat				*walnut,almond,hazel,pecan		*		*	
Milk chocolate cookie			X	X		X wheat				* All above		*		X	
Double chocolate cookie			X	X		X wheat				* hazel, walnut, almond				X	
Croissant			X	X		X wheat								*	
Chocolate croissant			X	X		X wheat				X hazel, almonds				X	
Wienerbread vanilla	Vegan					X wheat				X hazel *almond, pecan					
Cinnamon Bun 120g			X	X		X wheat				*hazel, almonds		*		*	
Chocolate oatmeal bites 80g	Vegan, gluten free		*	*						*almond, hazel					
Macarons			X	X		* wheat				X hazel, almond, pistachio	*			X	
Beverages															
Coffee			*												
Hot chocolate (with whipped cream)			X												
Ice coffee Løfbergs 230ml			X												
Oatly Ice Latte 235ml						X oats									
Chocolate milk 250ml			X												
BEER															
Aass 0,33l	Non-alcoholic					X barley malt									
Aass Pilsner 0,5l						X barley malt									
Oslo Brewing Nordic Pilsner						X barley malt									
Oslo Brewing Mellow IPA	Gluten free (under 20mcg per litre)					X barley malt									
Oslo Brewing Norwegian Blond						X barley malt,wheat									x
CIDER	All our ciders contain sulphites.														
WINE	All our wines contain sulphites.					Pedregosa Cava is vegan and ecological.									
Baileys			x												

X= contains
*=may contain traces of...

Please contact the staff if you have any questions!

